

QP CODE:301009

Reg. No.....

**Third B.Sc Nursing (Ayurveda) Degree Supplementary Examinations
November 2021**

Panchakarma – II

Time: 3 Hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essays:

(2x10=20)

1. Explain 'talapotichil' in detail.
2. Explain 'uttaravasti' (उत्तरवस्ति) in detail.

Short notes:

(10x5=50)

3. Siravyadha vidhi (शिराव्यद विधि)
4. Preparation of dhoomapana varti (दूमपान वर्ति)
5. Aschotana vidhi (अश्चोतन विधि)
6. Annalepanam (अन्नलेपन)
7. Urovasti (उरोवस्ति)
8. Types of raktamokshana (रक्त मोक्षण)
9. Yoni kshalana (योनि क्षालन)
10. Agni karma vidhi (अग्नि कर्म विधि)
11. Abyanga (अभ्यंग)
12. Shiropichu (शिरोपिचु)

Answer briefly:

(10x3=30)

13. Ingredients of patra pinda sweda (पत्र पिण्ड स्वेद)
14. KatiVasti
15. Anjanam
16. Kshara karma vidhi (क्षार कर्म विधि)
17. Alabu avacharana (आलबु अवचरण)
18. Shiropichu.
19. Preparation of shashtika shali pinda sweda (षाष्टिक शालि पिण्ड स्वेद)
20. Pratisarana (प्रतिसारण)
21. Samyak yoga lakshana (सम्यक योग लक्षण) of rakta mokshana (रक्त मोक्षण)
22. Vairechnika dhoomapana (वैरेचनिक दूमपान)
